Challenging Casanova
Beyond the Stereotype of the Promiscuous Young Male

“We all know that males are biologically hard-wired and propelled by evolution towards promiscuity (while females are equally programmed towards a chaste monogamy). ... In this careful, and empirically grounded book, Andrew Smiler methodically dismantles such facile explanations, and teases out the Casanova complex from the actual experiences of actual American men. Read this and gnash your bicuspids, all faux-Darwinians!”

—Michael Kimmel
Distinguished Professor of Sociology, SUNY Stony Brook
author of THE GENDERED SOCIETY

Available December 2012 | Hardcover
$24.95 | 978-1-118-07266-0

In his new book, noted expert on teenage and adult masculine behavior Andrew Smiler debunks the myth that teenage boys and young men are barely able to control their sex drives, which may lead to destructive hyper-sexuality, unwanted pregnancy, and sexually transmitted diseases. Dr. Smiler helps us recognize that the majority of boys and men do not fit this stereotype and that boys’ sexual development is multi-faceted. He also shows how a shift in our own attitudes could help create young men who are more mature and have better relationships with partners and friends.

- Explains how the Casanova Complex has developed over time and how it can hurt young males.
- Provides the latest research on male sexuality, including information from the author’s own studies.
- Offers guidance for parents and counselors of boys who want to help them develop lasting and meaningful relationships, as well as for the parents of girls dating these young men.

This book dismantles the stereotype of boys being driven only by an obsession with having intercourse with multiple partners and calls for deeper growth and understanding of modern masculinity.

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